

# COMMITMENT TO CARING

Reciprocity

Integration

Vulnerability

Gratitude

Engrossment

Responsiveness

Faith

## *As one-caring, I...*

- help the other to grow
- see what life is like for the other
- encourage, trust, admire
- allow others to make mistakes commensurate with their age
- reveal my intellect and emotions
- accept the gift of accomplishment

## *As one-cared-for, I...*

- respond
- feel I am not alone
- feel understood
- realize I can be as I am
- trust the one caring
- share aspirations and accomplishments
- see the world more clearly

## **Caring is...**

- rooted in place
- a certainty rooted in the world
- a trust in the processes of patience, humility and honesty